



1. Scan Request Form

A form requesting a scan must be completed by a referring medical doctor ordering the procedure. If you have previous diagnostic imaging reports, you or your doctor must also give them to us. Once we receive the request form, our doctor reviews it to make sure that a scan is right for you. This takes 1-2 days.



2. Your Intake Call

With our doctor's approval, our medical office assistant will contact you to explain how we do the scan and will ask you questions about your medical history, medications, etc. If we haven't received previous diagnostic reports and images, we'll ask for these, too. We may request some information of you many times during the entire process, as this information is important to providing you the best care. You will then be scheduled for an appointment, usually within a week, and we'll walk you through the booking and scanning process.



3. Preparing for Your Scan

In preparing for your scan, avoid strenuous exercise for 24 hours before your appointment. Please follow a high protein, low carbohydrate and low sugar diet the day before your scan.



4. Day of Your Scan

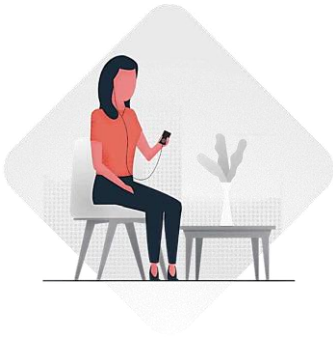
You can take your medication if you do not take it with food. If any medications need to be stopped before the scan, you will be advised at the time of booking. For diabetic patients, please refer here for more information. You should drink 3-4 glasses of water before coming to your appointment.



5. Your Scan

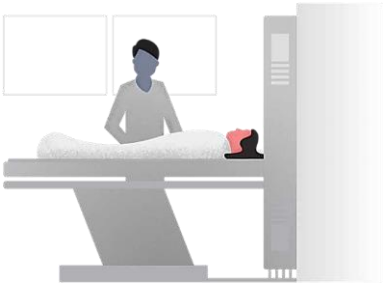
During the scan, you must lie flat for 45 minutes. If you need medication to calm you during the procedure, please speak to your physician before your appointment day. We welcome friends and family members, but it is not possible for them to be in the private room or the scanning room due to radiation exposure. We do have a comfortable waiting area for them, which includes drinks, snacks, TV, other entertainment, and full wireless internet service. Guests may also leave and come back as they wish.

6. Scan Procedures



When you get to the clinic, you will be asked to complete a brief questionnaire. You will then be weighed so that we know how much fluorodeoxyglucose (FDG tracer, necessary for scanning) to inject into you. You will then be taken to a private room where your vital signs will be assessed, and IV access established. After your FDG injection, you will relax for about 1 hour, giving the FDG time to move through your body. It is important that you are not overly stimulated during this time, so reading, TV, and internet use is not possible. Excessive movement is also not recommended.

7. During Your Scan



During your scan, you will lie on an imaging table that will slowly move you through the scanner while images are acquired. The scan will last approximately 30-45 minutes, it is important that you remain still. You will be given a warm blanket as the room is kept cool, to allow for optimal function of the camera. A radiologist and a registered nurse are on site for any contrast scans, to ensure the utmost safety during your scan.

8. After Your Scan



After the scan is over, you will return to your private room to gather your belongings. There are a variety of snack and beverages in the reception area, you are encouraged to help yourself. Alternatively, you may bring your own food, or leave for lunch.

9. Your Scan Images



You will be given copies of your scan images on DVD (one copy for you and one for your physician). This process takes 30-45 minutes.

10. Obtaining Your Results

Once our nuclear medicine physician or radiologist have read your scan, we will send a copy of your report to your referring doctor and any other doctors requested. We will call you when the results have been sent to your doctor so that you can follow up with them. Please note the report can take up to 5 business days.

